

NJCAA Region I Cross Country Championships  
 Hosted by Mesa Community College  
 Crossroads Park, Gilbert, AZ - 10/25/2024

Wingfoot Finish \* www.wingfootfinish.com

Event 1 Women 5K Run Div I

Place	TmPl	Bib	Name	Year	School	Finals	Pace
1	1	10494	Alesyia Barlow	SO	Central Arizona	19:36.0	6:19
2	2	10499	Jessica Viera	SO	Central Arizona	19:38.4	6:20
3	3	10578	Karlee Pope	FR	Pima	19:57.7	6:26
4	4	10496	Tatyana Enriquez	FR	Central Arizona	20:10.2	6:30
5	5	10577	Alyssa Perez	SO	Pima	20:16.7	6:32
6	6	10573	Ella Allred	FR	Pima	20:39.0	6:39
7	7	10498	Rylee Koopee	FR	Central Arizona	20:43.5	6:41
8	8	10493	Colleen Allen	FR	Central Arizona	20:52.3	6:44
9	9	10575	Mariah Cruz	SO	Pima	21:02.2	6:47
10	10	10574	Elexia Aragon	FR	Pima	21:19.3	6:52
11	11	10497	Lyneen Jepkosgei	FR	Central Arizona	21:29.0	6:55
12	12	10589	Julia Gamboa	FR	Southern Nevada	21:49.3	7:02
13	13	10495	Reshila Curley	FR	Central Arizona	21:55.8	7:04
14	14	10576	Reatta Danhof	SO	Pima	22:00.3	7:05
15	15	10591	Kori Scott	FR	Southern Nevada	22:08.7	7:08
16	16	10579	Linda Rivero	SO	Pima	22:26.7	7:14
17	17	10590	Kandice Gladden	FR	Southern Nevada	23:00.3	7:25
18	18	10592	Shim Won Nkwethat	FR	Southern Nevada	24:12.3	7:48
19	19	10587	Ana Amerson	FR	Southern Nevada	25:59.8	8:23

Women 5K Run Div I Team Scores

1.	22	Central Arizona	(	20:12.1	1:41:00.4	1:16.3)
1	1	10494 Alesyia Barlow	SO	19:36.0		
2	2	10499 Jessica Viera	SO	19:38.4		
3	4	10496 Tatyana Enriquez	FR	20:10.2		
4	7	10498 Rylee Koopee	FR	20:43.5		
5	8	10493 Colleen Allen	FR	20:52.3		
6	( 11)	10497 Lyneen Jepkosgei	FR	21:29.0		
7	( 13)	10495 Reshila Curley	FR	21:55.8		
2.	33	Pima	(	20:39.0	1:43:14.9	1:21.6)
1	3	10578 Karlee Pope	FR	19:57.7		
2	5	10577 Alyssa Perez	SO	20:16.7		
3	6	10573 Ella Allred	FR	20:39.0		
4	9	10575 Mariah Cruz	SO	21:02.2		
5	10	10574 Elexia Aragon	FR	21:19.3		
6	( 14)	10576 Reatta Danhof	SO	22:00.3		
7	( 16)	10579 Linda Rivero	SO	22:26.7		
3.	81	Southern Nevada	(	23:26.1	1:57:10.4	4:10.5)
1	12	10589 Julia Gamboa	FR	21:49.3		
2	15	10591 Kori Scott	FR	22:08.7		
3	17	10590 Kandice Gladden	FR	23:00.3		
4	18	10592 Shim Won Nkwethat	FR	24:12.3		
5	19	10587 Ana Amerson	FR	25:59.8		

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Event 2 Women 5K Run Div II

Place	TmPl	Bib	Name	Year	School	Finals	Pace
1	1	10551	Keira Damron	SO	Paradise Valley	18:59.6	6:07
2	2	10539	Regina Raimo	SO	Mesa	19:04.2	6:09
3	3	10552	Laynee Hollech	FR	Paradise Valley	19:04.6	6:09
4	4	10536	Kinley Jackson	FR	Mesa	19:23.8	6:15
5	5	10550	Olivia Coulston	SO	Paradise Valley	19:31.0	6:17
6	6	10534	Marissa Hernandez	FR	Mesa	19:58.9	6:26
7	7	10538	Katie Munoz	FR	Mesa	20:06.2	6:29
8	8	10533	Carmella Baldwin	SO	Mesa	20:06.9	6:29
9	9	10548	Mackenzie Bethancourt	SO	Paradise Valley	20:20.8	6:33
10	10	10507	Cian Davis	FR	Coconino	21:07.4	6:48
11	11	10549	Rachael Bethancourt	SO	Paradise Valley	21:10.6	6:49
12		10529	Nicole Novara	SO	Glendale	21:10.6	6:49
13	12	10511	Leah Redondo	FR	Coconino	21:21.6	6:53
14		10522	Lily Gallegos	SO	Estrella Mntn	21:27.4	6:55
15	13	10547	Shantelle Berrien	FR	Paradise Valley	21:33.1	6:57
16	14	10553	McKenna Martin	FR	Paradise Valley	21:33.3	6:57
17	15	10513	Peyton Yazzie	FR	Coconino	21:44.8	7:00
18	16	10566	Evelyn Osorina	FR	Phoenix College	22:40.5	7:18
19	17	10512	Amber Woody	SO	Coconino	22:43.7	7:19
20	18	10509	Nizhoni Johnson	FR	Coconino	22:43.8	7:19
21		10528	Taylor James	FR	Glendale	23:26.6	7:33
22	19	10567	Sydney Wilson	FR	Phoenix College	24:01.7	7:45
23	20	10563	Vanessa Gurrola	FR	Phoenix College	24:20.0	7:50
24	21	10508	Faylee Howe	FR	Coconino	24:25.4	7:52
25	22	10510	Sierra Manygoats	SO	Coconino	24:43.8	7:58
26	23	10562	Star Espinoza	FR	Phoenix College	24:52.3	8:01
27		10524	Madisyn Yazzie	SO	Estrella Mntn	25:16.7	8:09
28		10523	Elysia Ortiz	FR	Estrella Mntn	25:45.2	8:18
29	24	10565	Sofia Miranda	SO	Phoenix College	25:45.3	8:18
30	25	10564	Maria Hernandez	SO	Phoenix College	33:21.0	10:45
31		10521	Milayna Denetdale	SO	Estrella Mntn	34:20.5	11:04

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Women 5K Run Div II Team Scores

=====						
1.	27	Mesa	(	19:44.0	1:38:40.0	1:02.7)
=====						
1	2	10539 Regina Raimo	SO	19:04.2		
2	4	10536 Kinley Jackson	FR	19:23.8		
3	6	10534 Marissa Hernandez	FR	19:58.9		
4	7	10538 Katie Munoz	FR	20:06.2		
5	8	10533 Carmella Baldwin	SO	20:06.9		
=====						
2.	29	Paradise Valley	(	19:49.4	1:39:06.6	2:11.0)
=====						
1	1	10551 Keira Damron	SO	18:59.6		
2	3	10552 Laynee Hollech	FR	19:04.6		
3	5	10550 Olivia Coulston	SO	19:31.0		
4	9	10548 Mackenzie Bethancourt	SO	20:20.8		
5	11	10549 Rachael Bethancourt	SO	21:10.6		
6	( 13)	10547 Shantelle Berrien	FR	21:33.1		
7	( 14)	10553 McKenna Martin	FR	21:33.3		
=====						
3.	72	Coconino	(	21:56.3	1:49:41.3	1:36.4)
=====						
1	10	10507 Cian Davis	FR	21:07.4		
2	12	10511 Leah Redondo	FR	21:21.6		
3	15	10513 Peyton Yazzie	FR	21:44.8		
4	17	10512 Amber Woody	SO	22:43.7		
5	18	10509 Nizhoni Johnson	FR	22:43.8		
6	( 21)	10508 Faylee Howe	FR	24:25.4		
7	( 22)	10510 Sierra Manygoats	SO	24:43.8		
=====						
4.	102	Phoenix College	(	24:20.0	2:01:39.8	3:04.8)
=====						
1	16	10566 Evelyn Osorina	FR	22:40.5		
2	19	10567 Sydney Wilson	FR	24:01.7		
3	20	10563 Vanessa Gurrola	FR	24:20.0		
4	23	10562 Star Espinoza	FR	24:52.3		
5	24	10565 Sofia Miranda	SO	25:45.3		
6	( 25)	10564 Maria Hernandez	SO	33:21.0		

Incomplete Teams:

Glendale

10529 Nicole Novara SO, 10528 Taylor James FR

Estrella Mountain

10522 Lily Gallegos SO, 10524 Madisyn Yazzie SO, 10523 Elysia Ortiz FR, 10521

Milayna Denetdale SO

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Event 3 Men 8K Run Div I

Place	TmPl	Bib	Name	Year	School	Finals	Pace
1	1	10502	Samuel Gilson	SO	Central Arizona	25:51.6	5:13
2	2	10504	Sandile Pule	FR	Central Arizona	26:21.8	5:19
3	3	10506	Jayden Smith	FR	Central Arizona	26:21.9	5:19
4	4	10598	Dominic Tsao	FR	Southern Nevada	27:23.0	5:31
5	5	10500	Marius Delchard	FR	Central Arizona	27:40.2	5:34
6	6	10501	Jorge Felix Valle	FR	Central Arizona	27:47.8	5:36
7	7	10596	Nathan Nations	FR	Southern Nevada	27:50.6	5:37
8	8	10581	Noah Brunet	FR	Pima	27:56.1	5:38
9	9	10505	Emmanuel Simiyu	FR	Central Arizona	28:10.0	5:40
10	10	10580	Tayvien Biancuzzo	FR	Pima	28:18.3	5:42
11	11	10582	Zack Comaduran	SO	Pima	28:42.3	5:47
12	12	10585	Louis Madrigal-Diaz	SO	Pima	28:44.7	5:47
13	13	10595	Noah Highsmith	SO	Southern Nevada	28:46.0	5:48
14	14	10599	Gregory Wise	FR	Southern Nevada	28:53.3	5:49
15	15	10597	Nolan Richey	SO	Southern Nevada	29:03.0	5:51
16	16	10584	Marco Hernandez	FR	Pima	29:57.2	6:02
17	17	10586	Evan Rasoumoff	SO	Pima	30:26.9	6:08
18	18	10583	Aiden Hartman	FR	Pima	31:15.9	6:18
19	19	10593	Damir Bryant	FR	Southern Nevada	33:56.3	6:50

Men 8K Run Div I Team Scores

1.	17	Central Arizona	(	26:48.7	2:14:03.3	1:56.2)
1	1	10502 Samuel Gilson	SO	25:51.6		
2	2	10504 Sandile Pule	FR	26:21.8		
3	3	10506 Jayden Smith	FR	26:21.9		
4	5	10500 Marius Delchard	FR	27:40.2		
5	6	10501 Jorge Felix Valle	FR	27:47.8		
6	( 9)	10505 Emmanuel Simiyu	FR	28:10.0		
2.	53	Southern Nevada	(	28:23.2	2:21:55.9	1:40.0)
1	4	10598 Dominic Tsao	FR	27:23.0		
2	7	10596 Nathan Nations	FR	27:50.6		
3	13	10595 Noah Highsmith	SO	28:46.0		
4	14	10599 Gregory Wise	FR	28:53.3		
5	15	10597 Nolan Richey	SO	29:03.0		
6	( 19)	10593 Damir Bryant	FR	33:56.3		
3.	57	Pima	(	28:43.8	2:23:38.6	2:01.1)
1	8	10581 Noah Brunet	FR	27:56.1		
2	10	10580 Tayvien Biancuzzo	FR	28:18.3		
3	11	10582 Zack Comaduran	SO	28:42.3		
4	12	10585 Louis Madrigal-Diaz	SO	28:44.7		
5	16	10584 Marco Hernandez	FR	29:57.2		
6	( 17)	10586 Evan Rasoumoff	SO	30:26.9		
7	( 18)	10583 Aiden Hartman	FR	31:15.9		

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Event 4 Men 8K Run Div II

Place	TmPl	Bib	Name	Year	School	Finals	Pace
1	1	10555	Jackson Bland	SO	Paradise Valley	26:30.3	5:20
2	2	10560	Jaxon Zimmerman	SO	Paradise Valley	26:30.7	5:20
3	3	10546	Nick Valle	SO	Mesa	26:52.6	5:25
4	4	10542	Quenton Metz	FR	Mesa	26:58.6	5:26
5	5	10558	Jacob Soukup	SO	Paradise Valley	27:22.1	5:31
6	6	10557	Anthony Padilla	FR	Paradise Valley	27:26.8	5:32
7	7	10543	Kai Robinson	SO	Mesa	27:31.2	5:33
8	8	10556	Nicholas Hiser	FR	Paradise Valley	28:00.1	5:38
9	9	10544	Cal Schnepf	FR	Mesa	28:00.9	5:39
10		10531	Kade Ruff	FR	Glendale	28:01.1	5:39
11	10	10541	Benett Kaup	FR	Mesa	28:17.1	5:42
12		10525	Ricardo Martinez Sandav	SO	Estrella Mntn	29:04.4	5:51
13	11	10554	Joel Bejarano	FR	Paradise Valley	29:20.0	5:55
14		10520	Theodore Round Face	FR	Coconino	29:48.8	6:00
15	12	10540	Gabriel Gonzales	SO	Mesa	30:05.9	6:04
16		10515	Zach Biah	FR	Coconino	30:15.6	6:06
17		10517	Jehovan Flores	SO	Coconino	30:25.7	6:08
18		10532	Alex Yowell	FR	Glendale	30:38.6	6:10
19	13	10545	Parker Stoft	FR	Mesa	31:10.2	6:17
20		10570	Averie Molina	FR	Phoenix College	31:18.7	6:18
21		10530	Mariano Ortega-Valenzue	FR	Glendale	31:25.0	6:20
22		10571	Mohamed Sadiq	FR	Phoenix College	31:37.3	6:22
23	14	10559	Ryan Ulmer	FR	Paradise Valley	31:50.0	6:25
24		10514	Troy Baker	FR	Coconino	32:11.5	6:29
25		10569	Alberto Castro	FR	Phoenix College	33:46.0	6:48
26		10600	Landen Goseyun	SO	Tohono O'odham	34:29.2	6:57
27		10527	Jose Zaragoza	SO	Estrella Mntn	41:35.6	8:23
28		10526	Tu Nguyen	FR	Estrella Mntn	47:53.0	9:38

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Men 8K Run Div II Team Scores

=====					
1.	22	Paradise Valley		(	27:10.0 2:15:50.0 1:29.8)
=====					
1	1	10555	Jackson Bland	SO	26:30.3
2	2	10560	Jaxon Zimmerman	SO	26:30.7
3	5	10558	Jacob Soukup	SO	27:22.1
4	6	10557	Anthony Padilla	FR	27:26.8
5	8	10556	Nicholas Hiser	FR	28:00.1
6	( 11)	10554	Joel Bejarano	FR	29:20.0
7	( 14)	10559	Ryan Ulmer	FR	31:50.0
=====					
2.	33	Mesa		(	27:32.1 2:17:40.4 1:24.5)
=====					
1	3	10546	Nick Valle	SO	26:52.6
2	4	10542	Quenton Metz	FR	26:58.6
3	7	10543	Kai Robinson	SO	27:31.2
4	9	10544	Cal Schnepf	FR	28:00.9
5	10	10541	Benett Kaup	FR	28:17.1
6	( 12)	10540	Gabriel Gonzales	SO	30:05.9
7	( 13)	10545	Parker Stoft	FR	31:10.2

Incomplete Teams:

Glendale

10531 Kade Ruff FR, 10532 Alex Yowell FR, 10530 Mariano Ortega-Valenzuela FR

Estrella Mountain

10525 Ricardo Martinez Sandavol SO, 10527 Jose Zaragoza SO, 10526 Tu Nguyen FR

Coconino

10520 Theodore Round Face FR, 10515 Zach Biah FR, 10517 Jehovan Flores SO, 10514 Troy Baker FR

Phoenix College

10570 Averie Molina FR, 10571 Mohamed Sadiq FR, 10569 Alberto Castro FR

Tohono O'odham

10600 Landen Goseyun SO